



**BlueCross  
BlueShield**  
Global

# Global TeleMD™

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**HEALTHCARE AT YOUR FINGERTIPS**

Getting sick or injured while away from home can add stress to your trip and accessing medical care can be challenging due to your condition or location. We've teamed up with **Teladoc Health** to bring you **Global TeleMD, a smartphone app**, that provides convenient 24/7 access to doctors for non-emergency medical concerns. You don't have to leave your hotel room, office or conference to receive prompt medical guidance and there are no claims to file!

## ALL AT THE TOUCH OF A BUTTON

- ✓ A global network of doctors available by video or telephone
- ✓ Medical guidance and consultations (non-emergencies)
- ✓ Same day virtual appointments, available 24/7
- ✓ Multiple language options
- ✓ Consultation notes sent directly to your phone
- ✓ Prescriptions and referral letters (subject to local regulation)

## JUST WHAT THE DOCTOR ORDERED

With **Global TeleMD**, you can speak to a doctor at a time that fits your schedule without worrying about work, holidays or personal commitments. And because your consultation notes are stored securely in the app, they're ready to share with your usual doctor next time you visit.



### Let's Get Started

You must download and register with the GeoBlue® mobile app first (if you have not done so already.) When creating your Global TeleMD profile, be sure to use the same email address you use for the GeoBlue mobile app. When asked for "Group Access Code" this is your employer's assigned code.

- 1 Download the Global TeleMD app to your phone
- 2 Create a profile
- 3 Log in
- 4 You're good to go!



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